

Brown County Area Mental Health Resources

February 2025

Outpatient Counseling

Most provide individual and family therapy, diagnostic assessments; some also offer psychiatric evaluations and crisis intervention.

Adult, Child and Family Services.....	507-387-3777
Catholic Charities	866-670-5163
Christian Family Solutions.....	800-438-1772
Eunoia	507-359-2080
Hoffmann Counseling Services	507-484-2400
Huseby Counseling Services.....	507-354-1144
Insight Counseling, LLC	507-889-2197
Inspirations Child & Family Therapy Center	507-469-3250
Inspire Services	507-364-5312
Jamie Rieser Counseling and Consulting.....	507-354-0248
Kahler Counseling	507-240-0376
Kuhlmann Psychology	507-200-0875
Mangata Counseling Services	507-353-0077
Meraki Legacy Counseling Services	507-328-0690
New Ulm Medical Center, Outpatient Mental Health	507-217-5168
Prairie Family Counseling.....	507-766-7685
Rising Hope Counseling, LLC	605-494-1500
Serenity Family Counseling.....	507-338-5600
Sleepy Eye Medical Center	507-794-3691

Spiritual Guidance and Life Consulting

Living Well Energy Healing.....	651-283-1436
Riverbend Spiritual Care	507-382-5880

Crisis Services

988 Suicide & Crisis Lifeline	988
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988lifeline.org

Brown County Yellow Ribbon Suicide Prevention Program	Text "HELP" to: 741741
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www.browncoyellowribbon.com

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Brown County Area Mental Health Resources, cont.

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Crisis Services cont.

NUMAS Haus (Emergency Shelter for women and children).....	507-359-2202
South Central Crisis Center (Residential Crisis Stabilization) and Warm Line.....	877-399-3040
South Central Mobile Crisis Team	877-399-3040
Southern Minnesota Crisis Nursery (Ivy House)	507-766-6925

Domestic Violence Resources

Committee Against Domestic Abuse (CADA).....	507-233-6663
	or 24-hour crisis line: 800-477-0466
Keep Me Safe Parenting Time Center.....	507-354-2076

Case Management

Blue Earth County Human Services.....	507-304-4319
Brown County Human Services.....	507-354-8246
1117 Center St, PO Box 788, New Ulm, MN 56073	
Nicollet County Human Services	507-934-8559
Redwood County Human Services.....	507-637-4050
Renville County Human Services.....	507-523-2202
Sibley County Human Services	507-237-4000
Watonwan County Human Services.....	507-375-3294

Addiction Services — Outpatient

Counseling Services of Southern Minnesota	507-931-8040
Fountain Centers, Mankato	507-625-3372
House of Hope, Mankato.....	507-625-4373
Inspire Services, LLC	507-364-5312
NUWAY.....	612-767-0309
Nystrom & Associates.....	507-200-2624
WEcovery/Beyond Brink.....	507-779-7091

Other Services

Allina Health Teen Resources	www.changetochill.org
Allina Mental Health and Addiction Connection.....	866-603-0016
Crime Victim Services	507-233-6665
Disability Linkage Line.....	1-866-333-2466
Prairie Care Intensive Outpatient Program, Mankato.....	507-322-5464