



Heart of New Ulm
Supporting a culture of wellness

Let's talk!

29 Questions to Make Family Dinners Fun!

Write your favorite questions on the popsicle sticks, put them in the conversation starter cup and place it on your dinner table. Every dinner, pick out one question and take turns sharing your answers.

1. Go around the table and ask each person to share the best thing about their day.
2. If you could have any super power, what would it be?
3. If you could travel anywhere in the world, where would it be?
4. If you could be a famous person for a week, who would you be and why?
5. If you could eat just one food every day for a month and nothing else, what would it be?
6. What is one way you helped another person today?
7. If you could have one dream come true, what would it be?
8. If you could pick your own name, what would it be?
9. If you could be animal, what would you be and why?
10. If you could see your future, where will you be in 10 years?
11. If you could have any pet, what would you choose and why?
12. What is your favorite memory?
13. What is the nicest thing a friend has ever done for you?
14. What is your favorite movie and why?
15. What is your favorite family tradition?
16. If you could play any instrument, what would it be and why?
17. What is your favorite holiday and why?
18. What is one thing you are grateful for today?
19. What is your favorite book and why?
20. What has been the happiest day of your life so far and why?
21. What is the craziest thing you've ever eaten?
22. What is your most embarrassing moment?
23. If you could stay up all night, what would you do?
24. What is one thing you couldn't live without?
25. What is your greatest talent or ability?
26. If you were invisible for a day, what would you want to observe?
27. If you had the attention of the world for just 10 seconds, what would you say?
28. What is your favorite home-cooked meal?
29. If you could create a new holiday, what would it be called and what would it celebrate?