



VAPING

KNOW THE RISKS

65% of 8th graders in Brown County who vaped in the past 30 days reported obtaining it from a family member.

*MSS 2022

Just water vapor, right?

FALSE

Vaping is actually an aerosol containing known toxins and chemicals including formaldehyde, diacetyl, and propylene glycol.

Nicotine isn't that bad...

FALSE

Nicotine can harm your brain development, which may affect comprehension, critical thinking, learning, and mood.

A single vape pod often contains more nicotine than 20 regular cigarettes.

Signs your teen is vaping

- Increased thirst
- More frequent or new nosebleeds
- Increased irritability
- New persistent cough

50% of males and 70% of females in 8th grade in Brown County reported using fruit as their chosen vape flavor in the past 30 days.

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