

Brown County Area Mental Health Resources

June 2026

Outpatient Counseling

Most provide individual and family therapy, diagnostic assessments; some also offer psychiatric evaluations and crisis intervention.

Adult, Child and Family Services.....	507-387-3777
Allina Health – Springfield Clinic, Psychiatry & Psychology Services	507-217-5168
Catholic Charities	866-670-5163
Christian Family Solutions.....	800-438-1772
Eunoia	507-359-2080
Harvest Counseling Services — Springfield/Lamberton, https://harvest.clientsecure.me	507-320-1312
Hoffmann Counseling Services	507-484-2400
Huseby Counseling Services.....	507-354-1144
Insight Counseling, LLC	507-889-2197
Inspirations Child & Family Therapy Center	507-469-3250
Inspire Services.....	507-364-5312
Jamie Rieser Counseling and Consulting.....	507-354-0248
Kahler Counseling	507-240-0376
Kuhlmann Psychology	507-200-0875
Mangata Counseling Services	507-353-0077
Meraki Legacy Counseling Services	507-328-0690
New Ulm Medical Center, Outpatient Mental Health	507-217-5168
Prairie Family Counseling.....	507-766-7685
Rising Hope Counseling, LLC	605-494-1500
Serenity Family Counseling.....	507-338-5600
Sleepy Eye Medical Center	507-794-3691
VA Community Based Outpatient Clinics.....	Mankato: 507-387-2939 St. James: 1-888-304-1243

Spiritual Guidance and Life Consulting

Living Well Energy Healing.....	651-283-1436
Riverbend Spiritual Care	507-382-5880

Crisis Services

988 Suicide & Crisis Lifeline, 988lifeline.org	988
NUMAS Haus (Emergency Shelter for women and children).....	507-359-2202
South Central Crisis Center (Residential Crisis Stabilization) and Warm Line.....	877-399-3040

continued

Brown County Area Mental Health Resources, cont.

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Crisis Services cont.

South Central Mobile Crisis Team	877-399-3040
Southern Minnesota Crisis Nursery (Ivy House)	507-766-6925
Veterans Crisis Line:	Dial 988, then Press 1
24/7 confidential crisis support for Veterans and their loved ones.	
You do not have to be enrolled in VA benefits or health care to connect.	

Domestic Violence Resources

Committee Against Domestic Abuse (CADA)	507-233-6663
	or 24-hour crisis line: 800-477-0466
Keep Me Safe Parenting Time Center	507-354-2076

Case Management

Blue Earth County Human Services	507-304-4319
Brown County Human Services	507-354-8246
1117 Center St, PO Box 788, New Ulm, MN 56073	
Nicollet County Human Services	507-934-8559
Redwood County Human Services	507-637-4050
Renville County Human Services	507-523-2202
Sibley County Human Services	507-237-4000
Watonwan County Human Services	507-375-3294

Addiction Services — Outpatient

Counseling Services of Southern Minnesota	507-931-8040
Fountain Centers, Mankato	507-625-3372
House of Hope, Mankato	507-625-4373
Inspire Services, LLC	507-364-5312
NUWAY	612-767-0309
Nystrom & Associates	507-200-2624
WEcovery/Beyond Brink	507-779-7091

Other Services

Allina Health Teen Resources	www.changetochill.org
Allina Mental Health and Addiction Connection	866-603-0016
Brown County Yellow Ribbon Suicide Prevention Program	Text "HELP" to: 741741
	www.browncoyellowribbon.com
Crime Victim Services	507-233-6665
Disability Linkage Line	1-866-333-2466
Prairie Care Intensive Outpatient Program, Mankato	507-322-5464
County Veterans Service Offices, www.macvso.org	Brown County: Greg Peterson, 507-233-6637
Provide assistances to Veterans, caregivers and beneficiaries in gaining access to government-sponsored benefits and community support services.	